

**Elena FNAS**

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**Da:** "info FNAS" <info@fnas.org>  
**A:** <presidenza@fnas.org>  
**Data invio:** mercoledì 24 giugno 2009 3.28  
**Allega:** ATT00010.jpg; ATT00013.jpg  
**Oggetto:** I: Worksession in Poland - Regula contra Regulam  
**FORMAZIONE**

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**Da:** Teatro la Madrugada [mailto:teatro.lamadrugada@tiscali.it]  
**Inviato:** sabato 20 giugno 2009 12.34  
**A:** destinatari-ignoti:  
**Oggetto:** Worksession in Poland - Regula contra Regulam



5 -12 September 2009

**REGULA**

**CONTRA REGULAM**

Research Programme on Performing Arts



Directed by: **Raul Iaiza**  
 and **Teatro La Madrugada**, Milan, Italy

**OPEN SESSION**

in Brzezinka, the forest base of the Grotowski Institute

In collaboration and with the assistance from  
**THE GROTOWSKI INSTITUTE**  
 Wrocław, Poland

***Regula contra Regulam***

*evokes the relationship between training and actor's dramaturgy,  
 between discipline and creativity,  
 between the need of rules and the need to break them*



### Elements of work

- Physical training (including acrobatic exercises and work on rhythm)
- Vocal training
- Singing
- Work-in-succession: physical actions, relation to partners and to space
- Work on improvisations and montage with student directors
- Work demonstrations, meetings and lectures

### SESSIONS' LEADERS

Raúl Iuiza (Argentina/Italy)

Roberta Secchi (Italy)

Dawid Żakowski (Poland)

Members of the Research Programme *Regula contra Regulam*

### GUEST MASTER

Iben Nagel Rasmussen (Bridge of Winds, Odin Teatret, Denmark)

### LANGUAGE

English and Italian

### NUMBER OF PARTICIPANTS

13 actors and 2 directors can participate

### FEE

350 EUR

(200 EUR for participants coming from Central and Eastern Europe) including lodging and food

*Former participants of previous sessions will pay a reduced price: 300 EUR*

(150 EUR for participants coming from Central and Eastern Europe)

### APPLICATIONS

Participants will be selected on the basis of application forms

### DEADLINES

Please send your application form by email only directly to Roberta Secchi at Teatro La Madrugada:

[teatro.lamadrugada@tiscali.it](mailto:teatro.lamadrugada@tiscali.it) by **25 July 2008**

Confirmation will be sent to selected participants by **7 August 2008**

The fee should be transferred, in EUR only, by **25 August 2008**

### INFORMATION

Detailed information and application forms are provided by **Roberta Secchi** (00 39 02 54102094;

[teatro.lamadrugada@tiscali.it](mailto:teatro.lamadrugada@tiscali.it))

The person responsible at the Grotowski Institute is **Agnieszka Pietkiewicz** [agnieszka@grotowski-institute.art.pl](mailto:agnieszka@grotowski-institute.art.pl)

*See also:*

[www.teatrolamadrugada.com](http://www.teatrolamadrugada.com)

[www.grotowski-institute.art.pl](http://www.grotowski-institute.art.pl)